



Dear Megalong Families,

I would like to thank all our students for such a smooth return to the new school year. Also, a warm welcome to our new student in year five. At Megalong Public school, we proudly and confidently assure you of many rich learning experiences students and parents of a supportive school community will enjoy this year in 2020! Please keep the dates in the newsletters for excursions and events over the next few weeks.

This term has progressed with assessments in Literacy and Numeracy being conducted, and target goals identified for the year ahead. We will continue to focus on our writing, reading and spelling using a new program for writing called Seven Steps to Writing. Along with professional learning for our teachers we will be extending student's writing aptitude. A focus on improving our spelling; and of course boosting our reading levels again like last year. We will be participating in the Premiers Reading Challenge starting in week six.

This year we have started with bushfires and floods and our small school has been asked to attend the Community Bushfire Recovery Meeting at the citizen hall on Saturday 22nd of February. This meeting will be a time to provide feedback to the emergency disaster services in New South Wales. I am sure we will be providing them with positive encouragement for their hard-work and efforts over the past few months. I hope you can make it to the meeting on Saturday!

Stephanie

Principal

Dates to watch for...

- ⇒ **22nd February**- Bushfire Recovery Meeting at Megalong Citizen Hall 10:00-12:30pm
- ⇒ **5th March**—Shen Yun Ballet excursion to Sydney
- ⇒ **Date TBC**—Excursion to Nellies Glen Road to see bushfire recovery
- ⇒ **2nd March**—Premiers Reading Challenge starts
- ⇒ **20th March**—Harmony Day-

Reminders..

- ⇒ Apply for the School Drive Subsidy at <https://apps.transport.nsw.gov.au/ssts/#/schoolDriveSubsidy>
- ⇒ Update students Emergency Contact details with office if there are any changes
- ⇒ Return Community Bushfire Survey form
- ⇒ Sushi's for Lunch on Fridays—commencing again on the
- ⇒ Community Bushfire recovery information Newsletters which contain information for people impacted by bushfires in the Blue mountains area including information on Government financial assistance, clean up and counselling services can be found at <https://www.emergency.nsw.gov.au/Documents/factsheets/community-recovery-information-dec-jan-southern-nsw-fires-4.pdf>

Try a FREE Tumbling Class at Katoomba Sports Aquatic Centre



Monday

Squad Classes by selection
Coaches - Bec, Shane & Chloe

Tuesday-Wednesday

Gym Fun (5-7 years) 3.30pm-4.30pm
Gym Skills (8-12 years) 4.30pm-5.30pm

Coach- Stefanie

Thursday

Tumbling Tots (3-5 years) 10:15am

Coaches - Jo and Jodi

Gym skills (5-7 years) 3.30pm-4.30pm

Pre squad/gym skills (8-12years) 4:30-6:00pm

Teen Tumbling 6pm -7pm

Coach - Shane



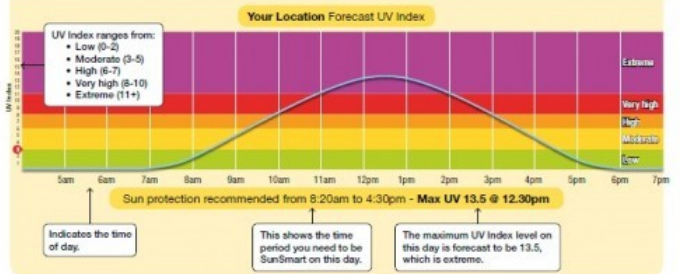
Get active. Stay healthy. Enjoy life...

SUNSMART UV FORECAST

www.myUV.com.au

YOUR DAILY GUIDE TO SUN PROTECTION

How to read the UV forecast



Protect yourself in five ways from skin cancer



Remember to use a combination of the five sun protection measures when the UV level is 3 or above – never rely on just one.

Look for your local SunSmart forecast at www.myUV.com.au

For more information on sun protection and skin cancer prevention call Cancer Council WA on (08) 9212 4333.

UV Data provided by Bureau of Meteorology via the Cooperative Atmosphere Monitoring Service.



Playgroups

Friday Mornings
9am-11am

All Welcome



Gateway Family Services

Term 1, 2020

Parenting Programs Summary



Program	Date & Time	Location	Registration
<p>No Scaredy Cats</p> <p><i>Strategies to help your child reduce anxiety & build resilience. This group will assist you to understand how anxiety develops & how to offset its progress whilst providing some strategies for its management.</i></p>	<p>Every Wednesday 4th Mar - 18th Mar 10:00am - 12noon <i>* Childcare available</i></p>	<p>Gateway Family Services (Penrith premises) Cnr Henry & Station Street, PENRITH</p>	<p>Gateway— 1300 316 746 (free call)</p>
<p>Tuning In To Kids</p> <p><i>Emotionally Intelligent Parenting Learning to better talk & understand your child to help manage your child's emotions & behaviour.</i></p>	<p>Every Monday 24th Feb - 9th Mar and 23rd Mar - 30th Mar 10:00am - 12noon <i>NO Childcare</i></p>	<p>Blackheath RSL Cnr Station Street & Bundarra Road, BLACKHEATH</p>	<p>Gateway— 1300 316 746 (free call)</p>
<p>1-2-3 Magic & Emotion Coaching</p> <p><i>Learn how to understand & manage your child's difficult behaviour. Suitable for parents with 2-12 year olds.</i></p>	<p>Every Tuesday 18th Feb - 3rd Mar 7:00pm - 9:00pm <i>NO Childcare</i></p>	<p>Gateway Family Services (Cottage) 70 Old Bathurst Rd, EAST BLAXLAND</p>	<p>Gateway— 1300 316 746 (free call)</p>
<p>Circle of Security</p> <p><i>Learn how to be a strong, wiser & kinder parent with your kids. Suitable for parents of 0-12 year old.</i></p>	<p>Every Thursday 13th Feb - 26th Mar 7:00pm - 9:00pm <i>NO Childcare</i></p>	<p>Heatherbrae, Lawson 1 Benang Street, LAWSON (located beside carpark behind Lawson Pub</p>	<p>Gateway— 1300 316 746 (free call)</p>
<p>Let's Make Art Together</p> <p><i>A creative & connecting time for you and your little one. Open to Parents, Grandparents and Carers. Babies in arms welcome.</i></p>	<p>Every Monday 2nd Mar - 23rd Mar 10:00am - 11:30am <i>* Younger Siblings Welcome</i></p>	<p>Gateway Family Services 14 Oak Street, KATOOMBA</p>	<p>Gateway— 1300 316 746 (free call)</p>

For more information and Individual Flyers go to:

www.gatewayfamilyservices.org.au or www.facebook.com/GatewayFS

Gateway family services parent group program is funded by DSS and NSW FACS.

Gateway works collaboratively with community partners to bring parent groups to communities from St Marys to Blackheath.

Thanks to MMM for providing childcare for the Daytime groups.

Gateway encourages, supports & respects diversity in families & communities. Our Groups are open to everyone.

