

# MEGALONG PUBLIC SCHOOL



## NEWSLETTER

Term 1, Week 11

8th April, 2022

Dear Families,

This term has gone very fast!

We had a lovely day celebrating Harmony Day. We were lucky we were blessed with fine weather! It was nice to be to share the day with parents. Unfortunately, we had to postpone Ride to School day because of rainy weather. During these unprecedented times if students miss these lovely events we will do our best to carry on and reschedule additional events throughout the year.

As part of our wellbeing curriculum students enjoyed their visit from Healthy Harold this term. Harold has been visiting every year providing healthy lessons to our students. This year students learnt about medicines and keeping our bodies healthy!

Our staff have been focusing on assessment to ensure pre and post covid times students stay on track. As a school community we want to support, enable and extend our students so that they can flourish and succeed at school. These assessments are important to inform teacher judgement for learning. This term we conducted the Kinder Best Start Assessments and year four check-in assessment. We will be preparing our year three students for Naplan next term. This will start on Tuesday 10<sup>th</sup> of May to Friday 20<sup>th</sup> of May.

Our Covid school procedures have regular updates from the department. We have enjoyed term one with having more freedom. We have sent home additional RAT tests for each student and staff member to ensure we test if we have any symptoms. Please refer to the Service NSW website for current information about isolation. If you are positive please register the positive result and let the school know so we can inform the community. If you suddenly are in isolation we will do our best to send home work digitally or hardcopy and in addition there is remote learning on the education NSW site.

We will be meeting at the RSL sub-branch at 10.15 am to march for ANZAC day. I will bring a wreath for students who march to place at the cenotaph at the Memorial Garden at Blackheath.

As this will be our last newsletter before the end of term one, I would like to wish everyone a safe and relaxing Easter break. Students will return on Wednesday the 27<sup>th</sup> of April.

Regards

Stephanie Scott

Principal

### Reminders..

- ◆ **School Drive Subsidiary**—Apply at Transport NSW.
- ◆ **Premiers Reading Challenge** has begun—record any books read at home.



Students raised \$36 for Crazy Sock Day and Down Syndrome awareness



<https://online.det.nsw.edu.au/prc/studentExperience.html#/>



Don't forget to pack  
**Crunch&Sip®**

Crunch&Sip® is a set time for your child to eat vegetables or fruit and drink water in the classroom.

**Water**

**Vegies**

**Fruit**

Supported by

[crunchandsip.com.au](http://crunchandsip.com.au)



"No act of kindness, no matter how small, is ever wasted."

— Aesop



## EVENTS AND WORKSHOPS CALENDAR

CONTACT  
Cecilia Jackson, Education Coordinator  
+61 2 9339 8751  
[education.outreach@nas.edu.au](mailto:education.outreach@nas.edu.au)

For more information or to book an event, go to [www.banc.org.au/events](http://www.banc.org.au/events). No internet? Call 4787 7770

All events are FREE unless otherwise noted.

BOOKINGS ARE REQUIRED for most events, and numbers may be limited, so get in early

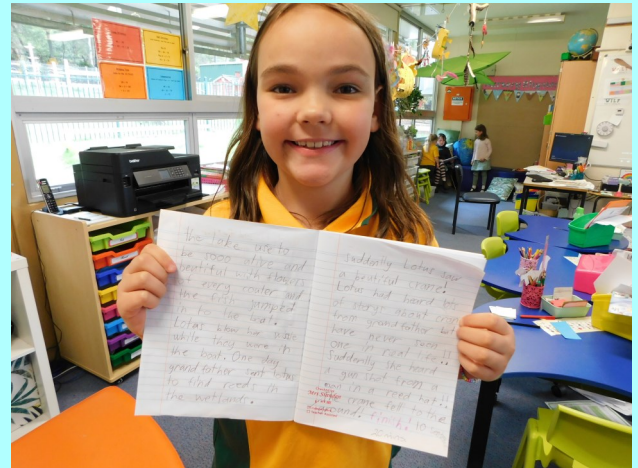
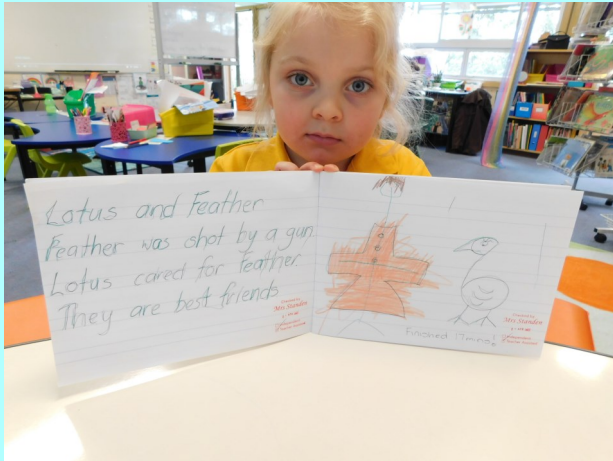
<b>23 March</b> <b>Art Play on Wednesday</b> No experience or materials needed. Just have fun! 10am-noon	<b>24 March</b> <b>Suicide Prevention Training</b> Essential skills training to recognise and respond to risk. 9am-1.30pm	<b>27 March</b> <b>Go with the Flow art therapy</b> 10.15am-12.30pm	<b>April</b> →	<b>1 April</b> <b>FRIDAYS AT 125</b> music, games and snacks for all ages and abilities. 5pm-7pm. <b>No booking needed</b>	<b>2 April</b> <b>Art Play on Saturday</b> 10am-noon 	<b>4 April</b> <b>Go with the Flow art therapy</b> 10.15am-12.30pm
<b>6 April</b> <b>Come be dramatic!</b> Seniors week drama workshop 1.30-3.30pm 	<b>6 April</b> <b>Art Play on Wednesday</b> No experience or materials needed. Just have fun! 10am-noon	<b>9 April</b> <b>Mocktails and Matisse</b> Seniors week event. Cheese, drinks and art 10am-noon	<b>16 April</b> <b>Family Art Workshop</b> Noon-1.30	<b>21 April</b> <b>Preparing a Fire Plan</b> Essential safety seminar from the RFS 10am-noon 	<b>27 April</b> <b>Bushfire recovery and the environment</b> hands-on Workshop at Allendale 9.30-noon includes lunch	<b>30 April</b> Repeat of the bushfire recovery workshop at Allendale. 
<b>30 April</b> <b>Bush food and medicine</b> Guided field excursion for families and young people 10am-noon 	<b>30 April</b> <b>Lemon Twist Lesbian Mountains Meetup</b> 2pm-4pm	<b>May</b> →	<b>1 May</b> <b>Bush survival skills</b> Learn how to find water and bush food, make string, and build a bush cubby 10am-noon 	<b>6 May</b> <b>FRIDAYS AT 125</b> music, games and snacks for all ages and abilities. 5pm-7pm. <b>No booking needed</b>	<b>7 May</b> <b>Go with the Flow art therapy</b> 10.15am-12.30pm	<b>19 May</b> <b>Property protection</b> Essential safety seminar from the RFS 10am-noon 

Blackheath Area Neighbourhood Centre exists to enhance the quality of life of all residents of Blackheath and surrounding areas. Together, our members, volunteers and staff are building a resilient, supportive and active community where everyone is included and no-one is left behind. Check [www.banc.org.au](http://www.banc.org.au) for social support, useful free services and more. Volunteers welcome!!





# Around the Playground and in the Classroom



In writing, the Callistemons have been learning to increase their writing endurance. Mrs Standen challenged students to write as many sentences as we can in twenty minutes, retelling a story they had listened to. They have been doing this every day and have been able to increase the number of sentences written. They also have personal learning goals of improving their letter formation, punctuation and using descriptive language.



Practising letter formation on the whiteboard.



Ruby visited students for news this week.



## Dates to watch for...

- 8th April— Easter Hat Parade
- 8th April— Last day of school
- 16th April— Megalong Makers markets
- 25th April—Anzac service in Backheath
- 2th April—First day Term 2
- 13th May—Dress-up Storytelling
- 19th May—National story time from space
- 23rd May—Sydney Writers Festival
- 26th May—Sorry Day
- 30th May—Jump Rope for Heart





As part of our  
Harmony Day  
celebrations,  
students and family  
shared a lovely meal  
with cultural dishes  
from around the  
world.

# Harmony Day

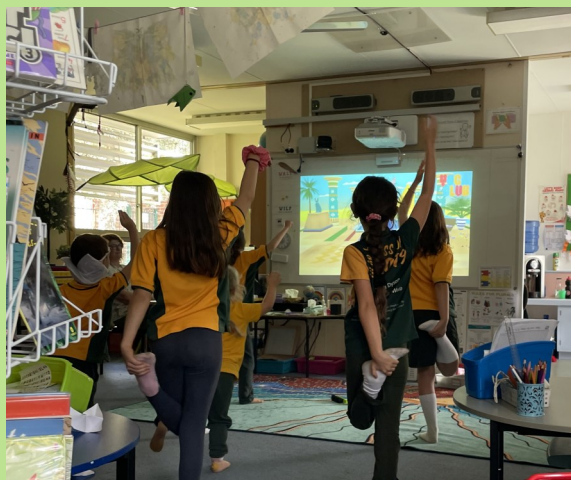






Mindfulness and Wellbeing is an important part of our curriculum. Students enjoy regular Friday afternoon yoga— Such a nice way to end the week.

yoga time



## April School Holidays with Naomi

Bookings are essential at [bluemountainlibrary.eventbrite.com.au](http://bluemountainlibrary.eventbrite.com.au)  
All workshops are from 10am -11am.

Wind up Toys Cross-stitch Embroidery



Katoomba Library | K-6  
Tue 12th April 2022



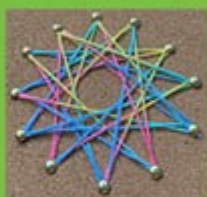
Springwood Hub | 8-13 yrs  
Wed 13th April 2022

Macrame Keychains



Online - Zoom | 12-18 yrs  
Tues 19th Apr 2022

Corkboard String Art



Blaxland Library | K-6  
Thur 21st Apr 2022

### ATTENTION:

For the safety of our students, please drive 40km p/h in the school zone! When entering the driveway, please drive VERY SLOWLY!!  
**KEEP OUR KIDS SAFE!!**

40

### Gateway Family Services Term 2, 2022 Parenting Programs Summary



Program	Date & Time	Location	To Register
<b>Bringing Up Great Kids In the First 1,000 Days</b> Learn more about how babies' brain development influences their thoughts, feelings and tune in to your baby's social, emotional, physical and cognitive development. <i>Suitable for parents of 0-2 year olds.</i>	Every Monday 2nd May - 6th June 7:00pm - 9:00pm <i>* NO Childcare</i>	Blaxland Uniting Church (rear Hall) 70-76 Old Bathurst Road, BLAXLAND	Phone Gateway- 0490 662 498 or email: <a href="mailto:groups@gatewayfamilyservices.org.au">groups@gatewayfamilyservices.org.au</a>
<b>Circle of Security</b> Learn how to be a strong, wiser & kinder parent with your kids. <i>Suitable for parents of 0-12 year olds.</i>	Every Wednesday 4th May - 15th June 9:30am - 11:30am <i>* NO Childcare</i>	Katoomba Public School Merriwa Street, KATOOMBA	Phone Gateway- 0490 662 498 or email: <a href="mailto:groups@gatewayfamilyservices.org.au">groups@gatewayfamilyservices.org.au</a>
<b>1-2-3 Magic &amp; Emotion Coaching</b> Learn how to understand & manage your child's difficult behaviour. <i>Suitable for parents of 2-12 year olds.</i>	Every Thursday 5th May - 19th May & 9th June 10:00am - 12:00pm <i>* Childcare is available</i>	Gateway Family Services - Penrith Office Cnr Station & Henry Sts, PENRITH	Phone Gateway- 0490 662 498 or email: <a href="mailto:groups@gatewayfamilyservices.org.au">groups@gatewayfamilyservices.org.au</a>
<b>No Scaredy Cats</b> Strategies to help your child reduce anxiety & build resilience. This group will assist you to understand how anxiety develops and how to offset its progress whilst providing some strategies for its management. <i>Suitable for parents of 2-12 year olds.</i>	Every Tuesday 24th May - 7th June 9:30am - 11:30am <i>* NO Childcare</i>	WinCAMP 56 White Cross Road, WINMALEE	Phone Gateway- 0490 662 498 or email: <a href="mailto:groups@gatewayfamilyservices.org.au">groups@gatewayfamilyservices.org.au</a>
<b>Bringing Up Great Kids: PARENTING ADOLESCENTS</b> Learn about brain development in adolescents and what influences their thoughts, feelings & behaviour whilst identifying important messages and how to convey to your adolescent. <i>Suitable for parents of 10-19 yr olds.</i>	Every Saturday 30th Apr - 4th June 10:00am - 12noon <i>* NO Childcare</i>	Gateway Family Services - Penrith Office Cnr Station & Henry Sts, PENRITH	Phone Gateway- 0490 662 498 or email: <a href="mailto:groups@gatewayfamilyservices.org.au">groups@gatewayfamilyservices.org.au</a>

For more information and individual flyers go to:  
[www.gatewayfamilyservices.org.au](http://www.gatewayfamilyservices.org.au) or [www.facebook.com/GatewayFS](https://www.facebook.com/GatewayFS)

Gateway Family Services parenting programs are funded by DSS and DCL. Gateway works collaboratively with community partners to bring parenting programs to communities from St Marys to Blackheath. Gateway encourages, supports & respects diversity in families & communities. Our Groups are open to everyone.

BLUE MOUNTAINS LIBRARY

your library





# Healthy Harold



## Healthy Harold recount by Students.

Last Thursday, Healthy Harold came to teach us about medicines. We learned about the organs inside our bodies and how to keep ourselves healthy and safe. We had a great time with Harold and Maree.

Students enjoyed a visit from Healthy Harold last week.





# Outdoor Maths



Students enjoyed working outside after all the rain! They worked on using different units of measurement and also on multiplication and skip counting.



## Spark! Science Kits

Hands-on science and nature exploration for three to twelve year olds



## WORLD ENVIRONMENT DAY 2022



## CALL OUT – INVITATION

ADD YOUR WINGS TO THE HOPE BUTTERFLY COLONY

NSW Parliament House in June 2022 to celebrate  
WORLD ENVIRONMENT DAY 2022 - [waterlabyrinth2018@gmail.com](mailto:waterlabyrinth2018@gmail.com)



# **COVID-19 NSW HEALTH UPDATE**

<https://www.nsw.gov.au/covid-19>

If you test positive with a rapid antigen test, you must:

Register your positive test on the [Service NSW website](#) launch so you can be linked to important health care support and advice based on your COVID-19 risk. If you or someone in your family can't register online, please call Service NSW on 13 77 88

If you test positive with a PCR or rapid antigen test, you must:

1. Isolate immediately for 7 days. Your household must also isolate for 7 days. If you have a sore throat, runny nose, cough or shortness of breath after 7 days, please remain in isolation until 24 hours after your symptoms have resolved.
2. Tell people who you spent time with from the 2 days before you started having symptoms or 2 days before you tested positive (whichever came first) that you have COVID-19. This includes your social contacts, workplace and/or school.
3. Monitor your symptoms. If you are concerned you should call your GP, the NSW Health COVID-19 Care at Home Support Line on 1800 960 933 or the National Coronavirus Helpline on 1800 020 080. If symptoms become severe call 000.



Taking advantage of a beautiful sunny Megalong day — Premiers Reading Challenge reading outside in our wonderful grounds and exciting playground finds.

